



Breakfast, Lunch, and Snack

Menu



		Monday	Tuesday	Wednesday	Thursday	Friday
Infant	Breakfast	Milk, waffles, oranges	Milk, oatmeal, strawberries	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
	AM Snack	Water, wheat bread w/butter & jelly, pears	Water, carrot sticks, fish crackers	Water, saltines, oranges	Water, wheat thins, applesauce	Water, ritz crackers, oranges
	Lunch	Milk, spaghetti w/meat sauce & zucchini, broccoli soup, green apples	Milk, bean & cheese burrito, rice w/quinoa, peas & carrots, lentil soup, apples	Milk, teriyaki chicken, brown rice, corn, spinach soup, pears	Milk, macaroni & cheese with sausage, zucchini/carrot soup, broccoli, apples	Milk, chicken nuggets, rice, peas & carrots, pinto beans soup, watermelon
	PM Snack	Water, peaches, oyster crackers	Water, graham crackers, watermelon	Water, banana, club crackers	Water, cantaloupe, graham crackers	Water, mixed fruit, animal crackers
Vegetarian	Breakfast	Milk, waffles, oranges	Milk, oatmeal, strawberries	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
	AM Snack	Water, wheat bread w/butter & jelly, pears	Water, carrot sticks, fish crackers	Water, saltines, oranges	Water, wheat thins, applesauce	Water, ritz crackers, oranges
	Lunch	Milk, spaghetti w/tomatoe sauce & zucchini, broccoli soup, green apples	Milk, bean & cheese burrito, rice with quinoa, lentil soup, peas & carrots, apples	Milk, garden burger, brown rice, corn, spinach soup, pears	Milk, macaroni & cheese, zucchini/carrot soup, broccoli, apples	Milk, pinto beans soup, rice, salad, watermelon
	PM Snack	Water, peaches, oyster crackers	Water, graham crackers, watermon	Water, bananas, club crackers	Water, cantaloupe, graham crackers	Water, mixed fruit, animal crackers
Regular	Breakfast	Milk, waffles, oranges	Milk, oatmeal, strawberries	Milk, wheat bread w/cheese, apples	Milk, scramble eggs, wheat bread w/butter, pears	Milk, cereal, bananas
	AM Snack	Water, wheat bread w/butter & jelly, pears	Water, carrot sticks, fish crackers	Water, saltines, oranges	Water, wheat thins, applesauce	Water, ritz crackers, oranges
	Lunch	Milk, spaghetti w/meat sauce & zucchini, broccoli soup, green apples	Milk, bean & cheese burrito, rice w/ quinoa, lentil soup, peas & carrots, apples	Milk, teriyaki chicken, brown rice, corn, spinach soup, pears	Milk, macaroni & cheese with sausage, zucchini/carrot soup, broccoli, apples	Milk, chicken nuggets, rice, salad, pinto beans soup, watermelon
	PM Snack	Water, peaches, oyster crackers	Water, graham crackers, watermelon	Water, banana, club crackers	Water, cantaloupe, graham crackers	Water, fruit salad, animal crackers

NOTE: Menu subject to changes or substitutes as needed. We may need substitute items with others of similar nutritional values.